

FIRST AID • CPR • AED Training

AIM FOR LIFE



For more information contact or call us

Garrett Hawgood (204) 232-0738

Kris Magnifico (204) 227-8977

Or visit www.aimforlife.ca and fill out the online [contact form](#).

Standard First Aid, CPR and AED

(City & Rural)

Course Length: 14 — 16 hours

Materials: Canadian Red Cross First Aid and CPR manual.

Course Content:

The Red Cross

Preparing to Respond

The Emergency Medical Services System

Check, Call, Care

Airway Emergencies

Breathing and Circulation Emergencies

First Aid for Respiratory and Cardiac Arrest

Additional Skills for Healthcare Providers (HCP only)

Head and Spine Injuries

Bone, Muscle, and Joint Injuries

Wound care

Sudden Medical Emergencies

Environmental Emergencies

Certification:

Wallet size certification card and (optional wall certificates)

3 years or as legislation or employer dictates

Cost:

Level A \$110.00 (Adult)

Level C \$120.00 (Adult, child, baby)

Level HCP \$130.00 (Healthcare providers)

All Re-certifications are generally half the time and half the cost.

All prices subject to change without notice please contact for details.

Attention:

City courses

- Minimum of 6 people and max of 24 people per class.
- Group rate once 12 or more people attend a class.
- Last minute course cancellation fee will apply when canceling less the 24 hour before class begins.
- Cancellation fee is one student fee.
- All prices subject to change without notice please contact for details.

Rural courses

- Minimum of 10 people and max of 24 people per class
- No group rates for out of town courses.
- Last minute course cancellation fee will apply when canceling less the 24 hour before class begins.
- Cancellation fee is one student fee.
- A \$0.45 cents a kilometer will apply for travel.
- Accommodation will be covered and arranged by the hiring organization.
Or
Travel and accommodations will be arranged by the hiring organization.
- All prices subject to change without notice please contact for details.